

Centre 105 - Spring 2020 Newsletter:

COVID-19:

Like the rest of the world, Centre 105 has been impacted by the COVID-19 pandemic. Safety is essential for our staff, volunteers, and the participants to our program. Centre 105 is following all health and safety guidelines, as set out by the Eastern Ontario Public Health Network. As of March 16th, we have suspended our social program, as Trinity Church is closed to all but staff. We continue to serve our community and are focused directly on helping those dealing with food insecurity. We have shifted to offering a bagged meal out of a window of our building.



Breakfast Pick-Up Window:

In consultation with The Rev. Patrick Stephens from St Lawrence Parish, which includes Trinity Anglican Church, Centre 105 decided to change the way that we offer breakfast, for the time being, due to the COVID-19 pandemic. Centre 105 has been offering a meal-to-go breakfast, instead of our traditional sit-down breakfast. Our staff have been handing a bagged meal out of what we are calling our "Breakfast Pick-up Window." The breakfast pick-up window is open for our regular drop-in hours, which are Tuesday, Wednesday, and Friday, from 8:30am until 12:00pm. During the first week of serving breakfast in this new method, we passed out 173 bagged meals. We anticipate that our numbers will continue to grow as this pandemic continues.

Financial Donations:

As the COVID-19 pandemic continues, donations are becoming more and more important for our agency. Other social agencies, as well as local restaurants, have been great supports for Centre 105. A special thank you is directed at the Agape Centre for their continuous support.

Centre 105 accepts financial donations. During this difficult time, sending a financial donation can be a great way to help out.

Cheques can be made payable to Centre 105 and mailed to Centre 105, 105 Second St. West. Cornwall, On. K6J 1G4.

We also accept donations on our website, via credit card, at www.centre105.ca



Volunteers:

Centre 105 has roughly a dozen volunteers, who help us run our day program each day that we are open. What we do would not be possible without the great help of our volunteer team! Sadly, for the safety and health of all concerned, we cannot invite our volunteers to help on site during the COVID pandemic. We hope to welcome them back enthusiastically when this is all over.

A message from Peter Cazaly, Co-Chair of Centre 105's Advisory Board:

The advisory board of Centre 105 meets monthly to provide governance and support for the Centre and its important work. Members of the board are residents of the City of Cornwall and the local area. Current members are: Jeff Bates, Alex De Wit, Nancy Hallberg, Barbara Petepiece, Karen Roundpoint and Larry Sharron, along with Co-Chairs Peter Cazaly and Peter John Hobbs, Director of Mission for the Diocese. They would like to extend their gratitude to the staff of the Centre for the innovative way they continue to meet the needs of our participants in a safe yet friendly manner. Please support this important ministry in any way you can.



Peter Cazaly's Retirement:

At the end of January 2020, Centre 105 celebrated the retirement of our director and founder, Peter! We celebrated with our participants and enjoyed a beautiful cake, made by one of our front-line staff members, Lorraine Kouwenberg. Peter is still actively involved with Centre 105, as the Co-Chair of the Advisory Board.



New Program Coordinator:

On March 2nd, Taylor Seguin started his position as the Program Coordinator of Centre 105. Taylor previously worked as a support worker and as a relief support worker with Centre 105.

Statistics for 2020:

Centre 105 has had a very successful first 3 months of 2020. During this period, we have served over 2000 meals. In January, Centre 105 set our record for highest single month total since we have been open. Below is the number of breakfasts that were served in each month:

- January 2020: 770
- February 2020: 626
- March 2020: 675

Laundry Program:

Centre 105 is grateful to have received funds from the Anglican parish of St. Helen's Orleans to purchase a new washing machine. They also donated a large supply of laundry supplies. We offer a laundry program that allows for three participants a day to access our laundry room. Due to the COVID-19 pandemic, laundry services have been suspended, but we look forward to running them when we return.



Thank you in advance for your continued support and help! Please contact us with any questions.

Regards, Taylor Seguin, Program Coordinator at Centre 105